



Queen City Dance  
8514 Park Rd.  
Charlotte, NC 28210

## Parents' Guide

1st Edition: September 2020  
Owners: Natalie Grashem & Tony Prado  
(704) 900-7060  
info@QueenCity.dance

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## WELCOME!

### From Your Studio Owners

Dear Parents, Dancers, and Friends,

We are delighted that you have decided to share your family's dance journey with us. As promised, QC Dance has established itself as Charlotte's premier center for your dance education. Our 25-year journey has led us to create a new type of dance studio where you and your family can feel uplifted, enlightened, and empowered through learning the beauty of human movement in a comfortable environment that encourages intellectual and spiritual growth. As your management team, we bring years of experience in business and dance together to serve our community. Our personal promise is to make QC Dance an environment where families feel safe and where dancers can grow to become their best selves. It is our pledge from the beginning that the most important person in this dance studio is you! We value your communication, and we believe that you are the best person to manage your growth and your family. We are here as a guiding resource on your dance path. We invite you to step into our office or call with any questions or feedback you might have. Please use this handbook as a reference to make yourself and your family aware of studio policies and procedures as well as to stay informed of the most up-to-date rules and information.

We are with you on the dance floor and on your journey. We will see you under the lights!

With Love and Dance,

## THE **QC DANCE** MISSION

At QC Dance, our mission is to provide the highest quality dance instruction in one all-inclusive dance learning center, and to cultivate appreciation for the art of dance in a safe, high-energy studio environment.

## THE **QC DANCE** BRAND

Our name is our brand. QC Dance represents not only dance as an art form, but the city of Charlotte as a state and global citizen. Our instructors, and our dancers stand behind our name with the highest standards of integrity,

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instruction, and discipline. We wear the QC Dance logo as a symbol of what it means to be a dancer in the city of Charlotte, and we train our dancers and staff to be ambassadors to the world for our community and our art form.

### OUR METHOD

#### Youth, Young Adult, and Adult Dance

At QC Dance, our Digital-age business concept represents social media, dance, and marketing all wrapped into one well-constructed experience. For young dancers, QC Dance offers a fun, safe environment that is uplifting and always a positive influence. Our focus is on team building and strengthening self-confidence in an enjoyable and fun community. Our goal is to make younger dancers feel encouraged and motivated from the dance experience. Our staff is determined to build an environment focused on unity and good health welcoming all styles of dance and all ages. Through our program, Charlotte's youth can learn important life skills of memory building, space and body awareness while creating lifelong friendships through a global dance network.

QC Dance has a well-trained staff of dancers in all genres including hip-hop, tap, jazz, ballet, contemporary, lyrical and ballroom dancers to provide dance training at a level in perfect step with the Internet Generation. Classes will range in age from Pre-K to adult. We focus on the latest hip-hop, pop & lock, break, animation, and modern techniques with class sequences ending in a produced video. Each music video will be produced by our in-house director/producer then uploaded to QC Dance's various social media outlets. Students will leave the dance experience feeling like stars AND having on-camera experience in a video that is portable and shareable.

The QC Dance curriculum is tailored to match the fitness/common core needs of parents that are home-schooling. The educational Physical Fitness core includes instruction in Tap, Jazz, and Ballet in age-specific contexts to provide the younger dancers with a completely balanced dance experience. The planned schedule is convenient to mothers of younger pre-K dancers while also providing an after-school schedule that ensures classes fit the needs of busy parents whose children are in the CMS and private school systems.

Included in this array of learning options is the option for dancers audition for the QC Dance Team. This experience will allow advanced dancers to enjoy the thrill of competition in both national and regional settings. QC Dance will bring the most noted professional choreographers and dancers from Los Angeles and New York City as guest instructors to guarantee we have the best training opportunities in Charlotte. The QC Dance Team will perform at competitive events and dance conventions across the U.S striving creating the quality and excellence will hallmark the QC Dance Brand for years to come.

### Ballroom Dance

QC Dance is affiliated with The DanceVision International Dancers' Association (DIVDA) and partnered with the National Dance Council of America. Our course material reflects the very highest national and international standards of dance. Our instructors are led by the only DIVDA Certified Master Examiner in the Carolinas. Instructors at QC Dance continually strive to improve our own level of knowledge to be able to share our love of dance with students of all ages. Course work is focused on individual dance disciplines with a graduated learning approach. Our curriculum begins with the fundamentals of movement and proceeds through industry standard levels for DanceSport instruction from **Bronze** (beginning) to **Silver** (advanced) to **Gold** (performance) and **Gold Star** (pre-professional.) Students benefit from personalized attention in both American and International styles of dance providing highest level of training available anywhere in the Carolinas. The inclusion of ballroom training for younger dancers serves to make QC Dance the best alternative to parents of young dancers as we offer a dance discipline that can not be found in any other comprehensive dance package.

### Yoga & Fitness

QC Dance is more than a location. It is a destination... an oasis for those seeking to find their center. With a Certified Yoga Master as Course Director, the yoga staff at QC Dance will provide a wide range of yoga classes with top level training, and professional assistance that ranges from progressive class design to deep and personal one-on-one guidance. With a state-of-the-art video sound system, the yoga experience will be enhanced for all class members. We ask that students in fitness oriented classes bring their own water and yoga essentials to class. It is strongly recommended to see a physician prior to engaging in any fitness activity.

## COVID-19

### Studio Plans & Policies

The Corona Virus Crisis of 2020 has created several unexpected necessities for our art form. As we step back onto the dance floor we remain optimistic about creating a safe and healthful environment for our local and dance community. Throughout the COVID-19 pandemic, our team has carefully monitored operational guidelines established by the Centers for Disease Control and the North Carolina Department of Health and Human Services. We want families to

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remain assured that QC Dance is committed to operating safely to provide the highest quality dance education possible. As business owners and community leaders, we pledge to make responsible and well-considered decisions regarding the health of our students and their families.

We are already developing digital class solutions in the event that future health concerns create a need for greater social distancing. Presently, we feel very confident that our plans for on-the-floor dance instruction will create a successful launch for the 2020-21 dance season. For more information on our Corona Virus Planning measures, please follow the link below.

### At a Glance

- Instructors and staff will self-assess at home for and COVID-like symptoms, consider if they have been exposed to illness, and consider if they have traveled within the past 14 days
- Staff members and students will be temperature screened upon arrival at QC Dance.
- Parents will continue to monitor dancers at home and advise QC Dance if any symptoms are noted or if a dancer has been exposed to illness and/or extended travel over the past 14 days.
- Masks will be required for all dancers and staff outside of class participation.
- Students exposed to or having contracted any Corona-related illness must be fever and symptom free for a period of 72 hours prior to returning to class.
- Any student experiencing COVID-like symptoms is asked to remain at home and/or attend class virtually if offered.
- Any student or staff member receiving a positive diagnosis of COVID-19 will be required to remain out of class for 14 days after being symptom-free; parents of such students are required to notify the QC Dance main office.

## CLASS INFORMATION

### Description

QC Dance is a group of professional dancers and teachers wishing to create a central home for all those involved in dancing. The synergy of our instructional team creates a new fusion of all styles of dance. Ballroom dance meets Tap, Jazz, Ballet, Hip-hop and Contemporary to create an all-inclusive center of knowledge. Students learn classical style along with the latest night-club moves giving them skills to perform on stage, on screen, or on the street. With this new beginning, QC Dance has become the premier place for budding dancers of all types. QC Dance offers a variety

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## QC DANCE

of extra-curricular dance classes for children, young people and adults. Whether for fun and fitness or to develop technique and skills, we provide a full timetable of classes offering something for everyone. All classes begin with a necessary warm up that includes cardio, stretching, and strength building.

### Adult Classes

As one of the most popular dance centers in Charlotte, we are sure that taking part in our classes will allow you to explore the world of dance and feel the magic of movement in our beautiful studio environment. Our teachers and management team provide you the highest quality of instruction and choreography Charlotte has to offer! The various styles we share with our students give them the widest possible variety of knowledge.

### Ballet

Ballet is the foundational dance form upon which all other styles of dance are based. QC Dance uses a fusion of the most progressive methods to teach proper classic ballet technique. Our focus is to create understanding of the human form as it relates to classical ballet. The goal of this method is to instill important characteristics for the performance of ballet into students so that they do not need to rely on imitations of teachers.

### Contemporary

In our Contemporary/Lyrical classes, dancers learn how to truly carry the story of each dance through their own individual movements. Through these classes, younger dancers learn to find the boundaries of the rules so they can explore their own style while developing body strength and confidence in expression.

### Hip Hop

Hip Hop can be learned at any age and is our most popular form! This is the class to learn the great moves seen in popular music videos. QC Dancers learn to Pop & Lock, Krump, Animate and more with guidance and affirmative feedback. These classes develop into our own videos that are then posted on social media... So QC Dancers truly become stars!

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### Jazz

The more free form of Jazz Dancing allows young and mature dancers to move freely to the music and explore their own personal sense of expression. Classes focus on developing young dancers' strength and allowing them to develop new and more modern techniques to supplement their core knowledge giving them what it takes to really stand out when on stage.

### Musical Theatre/Acting

Part dance and part stage presence, our Theatrical Dance and Performance classes are all about confidence and self-assurance. Dancers learn how to communicate through their hands and facial expressions while our on-site voice coach assists with voice projection and presentation. This is the class where tomorrow's leaders are made.

### Tumbling

Our Tumbling classes give dancers the beginnings of acrobatic training. The class is designed to bring students in closer touch with the elements of strength, and balance as they learn spatial awareness. Students begin learning acrobatic moves on our in-house system of safety mats and grow naturally toward being able to perform them on the actual ballroom floor. It should be noted that this is a class free from expectations, so each individual may learn at a pace that is comfortable. Performance is optional in this class.

### Class Placement

Classes are set according to a student's age as the beginning of the academic school year. For the 2020 Season, that date is August 24, 2020. Our staff of professionals is constantly watchful over students' progress. If at any time during a class, our instructors feel that it is necessary to place a student in an alternate class, parents will be notified. It should be noted that students may remain in the same level of dance for multiple years as many levels of dance take longer to master than one year. When students stay in a class over a period of multiple seasons, they are always provided new dance elements and varied challenges in order to keep their dance skills fresh. We invite parents and guardians to be very interactive with us in order to ensure the very best dance atmosphere. Feel free to discuss your child's dance experience with us at any time.

## **CLASS CONDUCT**

### **Discipline / Overview**

In order to ensure an enlightened Dance environment, there are certain codes of conduct expected of younger dancers. Dancers are expected to behave with the respect and self-discipline that reflects their age and their environment. Should a dancer's conduct become disruptive to the class, that individual will be corrected verbally. If a behavioral problem continues after two verbal redirections from the instructor, QC Dance will proceed with one of the following:

- Dancers 7 years of age and under will be removed from the classroom and given a time out to refocus. This will be appropriately communicated to parents at the end of class to assist with refocusing efforts.
- Dancers 8 years of age and over will be asked to leave the classroom and call a parent to be picked up. It should be noted that this will still be counted as full class attendance, and parents will again be invited to discuss redirection of the child's energies.

### **Behavior**

As an all inclusive dance learning center, the Main Ballroom at QC Dance is to be treated as an ACTIVE theatre at all times. Students moving from the back studio to the front are expected to maintain full theatre discipline. In strictest terms, this means that running, talking, and horseplay of any kind are not allowed in the Main Ballroom while classes are in session. While moving from the Classroom to the front of the building for pick-up, students may walk without talking along the near wall by the office so as not to disturb Ballroom classes in progress. Students found to be disruptive to other dance lessons will have their behavior reported to parents for appropriate correction.

### **Arrival & Departure**

Students should arrive 10 minutes prior to class and must check in at the front desk. A staff member will meet dancers in the foyer and escort them to the classroom. Students should be picked up from the foyer no more than 10 minutes after class ends unless prior arrangements have been made with the office.

Parents are asked to be specifically punctual and have their students arrive on time. Late arrivals are disruptive to both classrooms. Such occurrences hinder the flow of dance class and distract other classes and students. Excessive tardies will not be allowed.

### Discontinued Classes

Students who drop classes after the commencement of the academic year must submit a drop form to the QC Dance office. Drop forms are downloadable from the **Quick Links** section at [www.QueenCity.dance](http://www.QueenCity.dance). Drops may not be taken via telephone, or SMS Text. Drop forms may be scanned and e-mailed to the QC Dance Office. Any drop form must be submitted a minimum of two weeks before the class to be dropped.

All Tuition is computed on the date of the written notice, not the last class attended by the student. All family Tuition fees must be current in order for a student to drop a class. Dancers who enroll in a class and then decide to drop will receive a credit for unused tuition which may be used for future classes at QC Dance. Credits are student-specific and non-transferable.

### Missed Attendance

A missed classes may be made up within four weeks by attending a similar class. Parents must contact the office to arrange all make-up classes. No tuition adjustment is made for missed classes regardless of reason.

### Complimentary First Class

After the commencement of any season, prospective students are invited to attend a complimentary first class. After enrollment, tuition will be pro-rated based on the remainder of classes in the month.

### Spectators

Until such time as Social Distancing requirements are lifted, no spectators will be allowed during youth class times at QC Dance. Upon relaxing of Social distancing requirements, arrangements will be made for Parents' Observation Days. This will be a time during which parents can openly observe and discuss their child's progress. It should be understood that parents present a particularly strong distraction for young dancers. As such, we ask parents to understand that a distracted child does not always present a true reflections of his or her in-class achievements. We ask parents to keep this in mind during Observation Days and merely use the time to enjoy their child's love of dance.

## CLASS ATTIRE

### Overview

QC Dance maintains a powerful and strict code of honor and dress. Proper dance attire is mandatory for each class. Hair is to be pulled back and away from the face for all classes. For all ballet classes, dancers should have hair affixed in a secure bun for their time in the studio. Class appropriate shoes are mandatory, and dance should positively MAY NOT be worn outside the studio.

Parents are asked to label all shoes and dance accessories clearly with their child's first and last name to ensure articles are identifiable for each dancer. QC Dance does its very best to ensure a safe and secure dance environment, however we cannot assume responsibility for any articles that are misplaced or missing from among any student's personal belongings.

### Shoe & Attire Requirements

#### **PRE-BALLET**

**Leotard:** Black, Pink, or White - (Weissman MT 12458)

**Tights:** Ballet Pink - (Weissman W990C)

**Shoes:** Full or Split Sole Ballet shoe (Weissman B-40)

**Skirt:** Optional

#### **COMBINATION TAP/BALLET**

**Leotard:** Black, Pink, or White - (Weissman MT12460)

**Tights:** Ballet Pink - (Weissman W990C)

**Ballet Shoes:** Full or Split Sole - (Balera B-40)

**Tap Shoes:** Black - (Balera B-60)

**Skirt:** Optional

#### **BALLET I & II**

**Leotard:** Black, Pink, or White - (Weissman MT12456)

**Tights:** Ballet Pink - (Weissman W990C)

**Shoes:** Full or Split Sole Ballet Shoe (Weissman B-40)

**Skirt:** Optional

#### **TAP / HIP HOP**

**Leotard:** Any Color - (Weissman MT12460)

**Leggings:** Black - (Weissman CF9997 optional)

**Shoes:** Canvas low-top Sneaker (ex. Weissman WL9382)

(Can be purchased at any store, but may NOT be worn outside of studio.)

**Tap Shoes:** Black - (Balera B-160)

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<p><b><u>BALLET III</u></b></p> <p><b>Leotard:</b> Any Color - (Weissman MT12460) <b>Tights:</b> Ballet Pink - (Weissman W990C) <b>Shoes:</b> Full or Split Sole Ballet Shoe (Weissman B-40) <b>Skirt:</b> Optional</p>	<p><b><u>TAP</u></b></p> <p><b>Leotard:</b> Any Color - (Weissman MT12460) <b>Leggings:</b> Black - (Weissman CF9997 optional) <b>Tap Shoes:</b> Black - (Balera B-160)</p>
<p><b><u>JAZZ</u></b></p> <p><b>Leotard:</b> Black <b>Tights:</b> Light Suntan (Weissman W900C) <b>Leggings:</b> Black (optional) <b>Shoes:</b> Tan (Balera B-80) <b>Skirt:</b> Optional</p>	<p><b><u>HIP HOP</u></b></p> <p><b>Top:</b> Neutral Colors <b>Leggings:</b> Black or workout gear <b>Shoes:</b> Canvas low-top Sneaker (ex. Weissman WL9382) <small>(Can be purchased at any store, but may NOT be worn outside of studio.)</small></p>
<p><b><u>CONTEMPORARY / LYRICAL</u></b></p> <p><b>Leotard:</b> Black <b>Tights:</b> Light Suntan (Weissman W900C) <b>Leggings:</b> Black (optional) <b>Shoes:</b> Tan Dance Paws (Balera B-10)</p>	<p><b><u>MUSICAL THEATRE / ACTING</u></b></p> <p><b>Leotard:</b> Black <b>Tights:</b> Light Suntan (Weissman W900C) <b>Leggings:</b> Black (optional) <b>Shoes:</b> Tan (Balera B-80)</p>
<p><b><u>ACRO-TUMBLE</u></b></p> <p><b>Leotard:</b> Black <b>Tights:</b> None <b>Leggings:</b> Black (optional) <b>Shoes:</b> Tan Dance Paws (Balera B-10) (optional)</p>	<p><b><u>BALLROOM PRE-TEEN</u></b></p> <p><b>Dress:</b> Any color Child's Short Sleeve (Weissman D9392N is appropriate) <b>Tights:</b> Light Suntan, Pink, or White (Weissman W900C) <b>Shoes:</b> Ballroom Sandal (1.5" heel or lower)</p>
<p><b><u>COMPANY &amp; COMPETITION</u></b></p> <p><b>Leotard:</b> Black <b>Tights:</b> Light Suntan (Weissman W900C) <b>Leggings:</b> Black (optional) <b>Shoes:</b> Tan (Balera B-80) <b>Shoes:</b> Tan Dance Paws (Balera B-10) (optional)</p>	<p><b><u>BALLROOM 13 &amp; Up</u></b></p> <p><b>Top:</b> Solid Color or Pattern contour fit <b>Latin Skirt:</b> Up to 3" Above the knee <b>Ballroom Skirt:</b> 3" Below the knee to ankle length</p>

## **POLICIES & PROCEDURES**

### **Parental Agreements**

Parents must complete and sign a Policy Agreement prior to each academic year. This is normally completed at the time of registration.

### **Parents' Guide**

Upon registration, parents and/or students acknowledge that they have read and understand the policies, rules, and requirements contained in this Guide. This guide will be updated as necessary. Upon such updates, parents and/or students will be notified. Future versions and/or editions of this handbook supersede all previous editions. Any revisions to this handbook will be communicated to parents through the Parent Portal, and customers will be prompted for their signature of agreement.

### **Registration Fee**

An annual Registration Fee of \$65 per student / \$85 per family is payable at the time of registration either in person or on-line. All registration fee and tuition must be current prior to students attending their first class. Additionally, all on-line registration must be complete including acceptance by electronic signature of all studio policies, liability waivers, and release forms.

### **Accounts | Billing | Tuition**

All tuition and dance related fees, including but not limited to, registration fees, monthly tuition, costume deposits and balances and showcase/performance fee deposits and balance will be automatically charged to the credit/debit card provided in the Parent Portal. Parents are responsible for maintaining current credit card information through the Parent Portal. QC Dance instructors and staff members are not able to make any changes to a family's on-line payment information. The deadline each month for tuition fees and credit card information is the 10th of each month. On the 10th of the months, a \$10.00 late fee is added to tuition if the credit card on file was declined and payment information not updated. There is no additional tuition charge when there are 5 lessons in a month, and no discount when there are three.

Tuition is based on the academic year and is based on the total number of hours a dancer is in class per month. There are no make-up classes for studio closings or Holidays. Student illness/absence will not affect tuition charges. Make-up classes for illness are available through special arrangement with the QC Dance office.

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**QC DANCE****Tuition Schedule**

Student Hours Per Wk	Tuition Per Month	Student Hours Per Wk	Tuition Per Month
0.75	\$75.00	5	\$160.00
1	\$80.00	5.25	\$165.00
1.25	\$85.00	5.5	\$170.00
1.5	\$90.00	5.75	\$175.00
1.75	\$95.00	6	\$180.00
2	\$100.00	6.25	\$185.00
2.25	\$105.00	6.5	\$190.00
2.5	\$110.00	6.75	\$195.00
2.75	\$115.00	7	\$200.00
3	\$120.00	7.25	\$205.00
3.25	\$125.00	7.5	\$210.00
3.5	\$130.00	7.75	\$215.00
3.75	\$135.00	8	\$220.00
4	\$140.00	8.25	\$225.00
4.25	\$145.00	8.5	\$230.00
4.5	\$150.00	8.75	\$235.00
4.75	\$155.00	9	\$240.00

### **Costume and Showcase Fees**

Costume Fees will vary based on class and number of dances each performer is doing. It is necessary to order costumes six months prior to performance. Parents will be notified when performances are planned, and costume fees will be announced accordingly via the Parent Portal. Costume fees for performances are non-refundable. Showcase fees will be determined based on the venue selected, insurance required, labor, scenery, props, special effects, dancers' Showcase T-shirt, and other such costs. As these fees are determined, they will be announced and parents given the opportunity to select level of participation. It should be understood that Showcase fees can and will vary from student to student based on participation, number of costumes, and amount of time on-stage.

### **Returned (NSF) Checks and Bank Fees**

A \$35 service charge is applied if a check is returned for any reason. There is a 3% service charge for credit/debit cards used for payments at the studio.

### **Image Release**

I hereby grant and authorize on behalf of myself and/or my child, Queen City Dance, LLC the right to take, edit, alter, copy, exhibit, publish, distribute and make use of any and all pictures or video taken of me or my child/children to be used in and/or for any lawful promotional materials including, but not limited to, newsletters, flyers, posters, brochures, advertisements, fundraising letters, annual reports, press kits and submissions to journalists, websites, social networking sites and other print and digital communications, without payment or any other consideration.

This authorization extends to all languages, media, formats and markets now known or later discovered.

This authorization shall continue indefinitely, unless I otherwise revoke this authorization in writing, or the minor(s) revokes this authorization in writing upon reaching majority age.

I waive any right that I or the minor(s) may have to inspect or approve any finished product in which the minor's likeness appears, including written or electronic copy.

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I agree that the minor(s) has been compensated for this use of his/her likeness or has otherwise agreed to this release without being compensated. I waive any right to royalties or other compensation arising or related to the use of the photograph.

I understand and agree that these materials shall become the property of Queen City Dance, LLC and will not be returned.

I hereby hold harmless and release Queen City Dance, LLC from all liability, petitions, and causes of action which I, my heirs, representative, executors, administrators, or any other persons may make while acting on my behalf or on behalf of my estate and the minor(s) estate(s).

I warrant that I am of full age and have every right to contract for the minor(s) in this regard. I state further that I have read the above authorization, release, and agreement, prior to its execution, and that I am fully familiar with its contents.

I warrant that by allowing my child to participate in activities at Queen City Dance, this release shall be binding upon the minor(s) and me, and our respective heirs, legal representatives, and assigns.

### **Liability Release**

IN CONSIDERATION OF the risk of injury that exists while participating in DANCE, BALLROOM, FITNESS, ACRO-TUMBLING INSTRUCTION (hereinafter the "Activity"); and IN CONSIDERATION OF my desire to participate in said Activity and being given the right to participate in same; I HEREBY, for myself, my heirs, executors, administrators, assigns, or personal representatives (hereinafter collectively, "Releasor," "I" or "me", which terms shall also include Releasor's parents or guardian if Releasor is under 18 years of age), knowingly and voluntarily enter into this WAIVER AND RELEASE OF LIABILITY and hereby waive any and all rights, claims or causes of action of any kind arising out of my participation in the Activity; and I HEREBY release and forever discharge QUEEN CITY DANCE, LLC, located at 8514 Park Rd, Charlotte, North Carolina 28210, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns (collectively "Releasees"), from any physical or psychological injury that I may suffer as a direct result of my participation in the aforementioned Activity.

I AM VOLUNTARILY PARTICIPATING IN THE AFOREMENTIONED ACTIVITY AND I AM PARTICIPATING IN THE ACTIVITY ENTIRELY AT MY OWN RISK. I AM AWARE OF THE RISKS ASSOCIATED WITH PARTICIPATING IN THIS ACTIVITY, WHICH MAY INCLUDE, BUT ARE NOT LIMITED TO: PHYSICAL OR PSYCHOLOGICAL INJURY, PAIN, SUFFERING, COVID-19 AND/OR OTHER ILLNESS, DISFIGUREMENT, TEMPORARY OR PERMANENT DISABILITY (INCLUDING PARALYSIS), ECONOMIC OR EMOTIONAL LOSS, AND DEATH. I UNDERSTAND THAT THESE INJURIES OR OUTCOMES MAY ARISE FROM MY OWN OR OTHERS' NEGLIGENCE, CONDITIONS RELATED TO TRAVEL TO AND FROM THE ACTIVITY, OR FROM CONDITIONS AT THE ACTIVITY LOCATION(S). NONETHELESS, I ASSUME ALL RELATED RISKS, BOTH KNOWN AND UNKNOWN TO ME, OF MY PARTICIPATION IN THIS ACTIVITY. I FURTHER AGREE to indemnify, defend and hold harmless the Releasees against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorney's fees and any related costs.

I FURTHER ACKNOWLEDGE that Releasees are not responsible for errors, omissions, acts or failures to act of any party or entity conducting a specific event or activity on behalf of Releasees. In the event that I should require medical care or treatment, I authorize Queen City Dance, LLC to provide all emergency medical care deemed necessary, including but not limited to, first aid, CPR, the use of AEDs, emergency medical transport, and sharing of medical information with medical personnel. I further agree to assume all costs involved and agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I FURTHER ACKNOWLEDGE that this Activity may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. I agree not to participate in the Activity unless I am medically able and properly trained, and I agree to abide by the decision of the Queen City Dance, LLC official or agent, regarding my approval to participate in the Activity.

I HEREBY ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS "WAIVER AND RELEASE" AND FULLY UNDERSTAND THAT IT IS A RELEASE OF LIABILITY. I EXPRESSLY AGREE TO RELEASE AND DISCHARGE Queen City Dance, LLC AND ALL OF ITS AFFILIATES, MANAGERS, MEMBERS, AGENTS, ATTORNEYS, STAFF, VOLUNTEERS, HEIRS, REPRESENTATIVES, PREDECESSORS, SUCCESSORS AND ASSIGNS, FROM ANY AND ALL CLAIMS OR CAUSES OF ACTION AND I AGREE TO VOLUNTARILY GIVE UP OR WAIVE ANY RIGHT THAT I OTHERWISE HAVE TO BRING A LEGAL ACTION AGAINST Queen City Dance, LLC FOR PERSONAL INJURY OR PROPERTY DAMAGE. To the extent that statute or case law does not prohibit releases for ordinary negligence, this release is also for such negligence on the part of Queen City Dance, LLC, its agents, and employees.

I agree that this Release shall be governed for all purposes by North Carolina law, without regard to any conflict of law principles. This Release supersedes any and all previous oral or written promises or other agreements.

In the event that any damage to equipment or facilities occurs as a result of my or my family's or my agent's willful actions, neglect or recklessness, I acknowledge and agree to be held liable for any and all costs associated with any such actions of neglect or recklessness.

THIS WAIVER AND RELEASE OF LIABILITY SHALL REMAIN IN EFFECT FOR THE DURATION OF MY PARTICIPATION IN THE ACTIVITY, DURING THIS INITIAL AND ALL SUBSEQUENT EVENTS OF PARTICIPATION.

THIS AGREEMENT was entered into at arm's-length, without duress or coercion, and is to be interpreted as an agreement between two parties of equal bargaining strength. Both Participant and Queen City Dance, LLC agree that this agreement is clear and unambiguous as to its terms, and that no other evidence shall be used or admitted to alter or explain the terms of this agreement, but that it will be interpreted based on the language in accordance with the purposes for which it is entered into.

In the event that any provision contained within this Release of Liability shall be deemed to be severable or invalid, or if any term, condition, phrase or portion of this agreement shall be determined to be unlawful or otherwise unenforceable, the remainder of this agreement shall remain in full force and effect. If a court should find that any provision of this agreement to be invalid or unenforceable, but that by limiting said provision it would become valid and enforceable, then said provision shall be deemed to be written, construed and enforced as so limited.

I AFFIRM THAT I AM OF THE AGE OF 18 YEARS OR OLDER, AND THAT I AM FREELY ENTERING THIS AGREEMENT BY MY PARTICIPATION IN THE ACTIVITIES MENTIONED ABOVE. I CERTIFY THAT I HAVE READ THIS AGREEMENT, THAT I FULLY UNDERSTAND ITS CONTENT AND THAT THIS RELEASE CANNOT BE MODIFIED ORALLY. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND THAT I AM ENTERING INTO IT OF MY OWN FREE WILL WITH MY PARTICIPATION AND DIGITAL SIGNATURE.

#### PARENT / GUARDIAN WAIVER FOR MINORS

In the event that the participant is under the age of consent (18 years of age), then I HEREBY CERTIFY that I am the parent or guardian of the participant, and do hereby give my consent without reservation to the foregoing on behalf of my child.

**Electronic Signature**

I understand that submission of on-line registration includes my electronic signature and that my digital/electronic signature requires my understanding and acceptance of all Queen City Dance policies and procedures including all procedures provided and listed in this Parents' Guide and on [www.QueenCity.dance](http://www.QueenCity.dance). Parents of competition students acknowledge and are aware that separate policies may be mandated later due to their children's increase participation.